

# THANK YOU!

## Witney Town Council

Thank you so much for your incredibly kind donation and support of Be Free Young Carers. Your donation has promoted the growth of the charity across the past year and we are excited to look ahead to all the exciting opportunities that are coming in the next few months. We would love if Witney Town Council would consider supporting the charity for an additional year as we continue to grow our numbers in West Oxfordshire.

Your support is having a significant impact on the lives of Oxfordshire's Young Carers. Attached is an impact report highlighting the outstanding work we've been able to accomplish in 2024-2025.

Kindest Regards,

**Hannah Waugh  
Head of Fundraising  
Be Free Young Carers**

# Be Free Young Carers'

## 2024-2025 Impact



We have provided **916 trip places for young carers over 45 activities** in 2024/25. We have increased the hours dedicated to respite for our young carers through activities such as circus skills, ice skating, trapeze, theatre trips, climbing and martial arts!

In the financial year of 2024/2025, we have initiated **10 young carer and befriender matches**.

We had **3 new befrienders** apply and complete the onboarding process during the financial year. Volunteers provided **468 hours** of support on our trips.



We have provided an average of **302 sessions of 1-2-1 emotional support** to 41 young carers and 90+ counselling sessions to young carers.

This has resulted in young carers reporting better mental health increased resilience, and improved coping strategies at the end of the 6 week period.



We have had 44 referrals for young carers in West Oxfordshire 31 of who are now registered to use our services. We ran our first trip during the summer holidays for West Oxford Young cares which was a trip to Cotswold Wildlife Park.

